

Andrea Hausel, MPH, RD, CDN

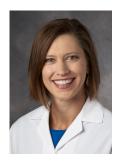
Andrea holds a Master's degree in Public Health and completed her dietetic internship at UCLA and the VA Medical Center in Los Angeles. She has been a registered dietitian for 15 years and has held positions in healthcare management for the past 11 years. She also maintained a private practice in New York City where she practiced Medical Nutrition Therapy. She is certified as a Weight Management Specialist by the Academy of Nutrition and Dietetics.

Prior to working at Stanford, she managed a childhood obesity prevention program at New York-Presbyterian/Columbia University Medical Center. This

program received national recognition from Michelle Obama and was scaled nationwide to 42 states under her leadership.

She currently works for Stanford University's Health Improvement Program and has been consulting with University HealthCare Alliance since last September.

As a working mother, she's constantly refining her routine to maintain work-life harmony. She spends her Sunday afternoons cooking food for the week so that weeknight meals are healthy and quick.



Rachel Seaman, MD

Rachel is an energetic internist who serves as Medical Director at the Collaborative Primary Care clinic in Los Gatos. Prior to this she practiced for 7 years at the Menlo Medical Clinic and also served on their management committee as the Chair of the Internal Medicine Department.

Rachel attended medical school at the University of Oklahoma and completed residency at the George Washington University. She became Chair of the UHA Wellness Committee in 2015.

Rachel's passion is to encourage her patients to live a life of wellness and balance. Her own efforts at accomplishing this include regular exercise via CrossFit and jogging, travel adventures, spending time with friends and family, singing (poorly and loudly), being the pet human of a cat, and soaking up the sun as much as possible (wearing sun screen, of course). She feels so blessed to work in a profession that promotes daily learning, from both her peers and her patients.



Bryan Bohman, MD

Bryan is Chief Medical Officer at United HealthCare Alliance, Associate Chief Medical Officer at Stanford Health Care and Clinical Associate Professor of Anesthesia and Critical Care at the Stanford School of Medicine.

After two decades in community practice of anesthesiology, he served as SHC Chief of Staff from 2008-2011 before entering his present role. His primary areas of interest are: clinical quality and safety; performance improvement in the context of a learning healthcare system; the interrelationships between physician wellness/professional fulfillment and healthcare system performance; and population health.